

Hingham Middle School YRBS 2023  
 Note: "All" and "Other" data includes a blank row of data

1	How old are you?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	11 years old or younger	0.0%	0.0%	0.0%	0.0%
B	12 years old	33.2%	37.2%	30.3%	14.3%
C	13 years old	61.9%	59.5%	65.5%	42.9%
D	14 years old	2.4%	2.5%	1.7%	14.3%
E		0.0%	0.0%	0.0%	0.0%
Blank		2.4%	0.8%	2.5%	28.6%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
0	0	0	0
82	45	36	1
153	72	78	3
6	3	2	1
0	0	0	0
6	1	3	2
247	121	119	7

2	What is your sex?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	Female	49.0%	100.0%	0.0%	0.0%
B	Male	48.2%	0.0%	100.0%	0.0%
C	Non-binary	0.0%	0.0%	0.0%	0.0%
D	Prefer to self-describe	0.0%	0.0%	0.0%	0.0%
E	Prefer not to answer	0.8%	0.0%	0.0%	28.6%
Blank		2.0%	0.0%	0.0%	71.4%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
121	121	0	0
119	0	119	0
0	0	0	0
0	0	0	0
2	0	0	2
5	0	0	5
247	121	119	7

3	In what grade are you?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	6th grade	0.0%	0.0%	0.0%	0.0%
B	7th grade	99.2%	100.0%	99.2%	85.7%
C	8th grade	0.4%	0.0%	0.8%	0.0%
D		0.0%	0.0%	0.0%	0.0%
E		0.0%	0.0%	0.0%	0.0%
Blank		0.4%	0.0%	0.0%	14.3%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
0	0	0	0
245	121	118	6
1	0	1	0
0	0	0	0
0	0	0	0
1	0	0	1
247	121	119	7

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4	How do you describe yourself? (Select one or more)	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	Asian American (such as Chinese, Japanese, Korean, Thai, Vietnamese, East Indian)	4.5%	2.5%	6.7%	0.0%
B	Black or African American	2.8%	2.5%	3.4%	0.0%
C	Hispanic or Latino	2.4%	2.5%	2.5%	0.0%
D	White	82.6%	86.8%	79.8%	57.1%
E	Other	1.6%	0.0%	3.4%	0.0%
Blank		6.1%	5.8%	4.2%	42.9%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
11	3	8	0
7	3	4	0
6	3	3	0
204	105	95	4
4	0	4	0
15	7	5	3
247	121	119	7

5	During the past 12 months, how would you describe your grades in school?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	Mostly A's and B's	89.9%	95.9%	85.7%	57.1%
B	Mostly C's	5.7%	3.3%	7.6%	14.3%
C	Mostly D's	0.4%	0.0%	0.8%	0.0%
D	Mostly F's	0.8%	0.0%	1.7%	0.0%
E	Not sure	0.8%	0.8%	0.8%	0.0%
Blank		2.4%	0.0%	3.4%	28.6%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
222	116	102	4
14	4	9	1
1	0	1	0
2	0	2	0
2	1	1	0
6	0	4	2
247	121	119	7

6	Is there at least one teacher or other adult in this school that you can talk to if you have a problem?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	Yes	64.4%	69.4%	59.7%	57.1%
B	No	12.6%	13.2%	12.6%	0.0%
C	No sure	21.1%	16.5%	26.9%	0.0%
D		0.0%	0.0%	0.0%	0.0%
E		0.0%	0.0%	0.0%	0.0%
Blank		2.0%	0.8%	0.8%	42.9%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
159	84	71	4
31	16	15	0
52	20	32	0
0	0	0	0
0	0	0	0
5	1	1	3
247	121	119	7

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7	Within school who is the person you would most likely go to with a problem?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	I don't have someone at school I would go to with a problem	21.5%	18.2%	26.1%	0.0%
B	Teacher	37.7%	33.9%	42.0%	28.6%
C	Counselor	35.2%	45.5%	26.9%	0.0%
D	Adjustment counselor	1.2%	0.8%	1.7%	0.0%
E	Club/activity advisor	0.0%	0.0%	0.0%	0.0%
Blank		4.5%	1.7%	3.4%	71.4%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
53	22	31	0
93	41	50	2
87	55	32	0
3	1	2	0
0	0	0	0
11	2	4	5
247	121	119	7

8	Outside of school, is there an adult (or adults) you can talk to about things that are important to you?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	Yes, parent or other adult family member	61.9%	60.3%	66.4%	14.3%
B	Yes, non-family adult (such as religious leader, club advisor, neighbor, etc.)	0.8%	1.7%	0.0%	0.0%
C	Yes, both family and non-family adults	27.5%	30.6%	24.4%	28.6%
D	No	3.2%	4.1%	2.5%	0.0%
E	Yes, both family and non-family adults	3.2%	3.3%	2.5%	14.3%
Blank		3.2%	0.0%	4.2%	42.9%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
153	73	79	1
2	2	0	0
68	37	29	2
8	5	3	0
8	4	3	1
8	0	5	3
247	121	119	7

9	How often do you wear a seat belt when riding in a car driven by someone else?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	Never	1.2%	0.8%	1.7%	0.0%
B	Rarely	0.4%	0.0%	0.8%	0.0%
C	Sometimes	4.5%	3.3%	5.9%	0.0%
D	Most of the time	18.2%	19.8%	17.6%	0.0%
E	Always	72.9%	75.2%	70.6%	71.4%
Blank		2.8%	0.8%	3.4%	28.6%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
3	1	2	0
1	0	1	0
11	4	7	0
45	24	21	0
180	91	84	5
7	1	4	2
247	121	119	7

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10	During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	0 times	81.0%	79.3%	82.4%	85.7%
B	1 time	8.9%	11.6%	6.7%	0.0%
C	2 or 3 times	5.7%	7.4%	4.2%	0.0%
D	4 or 5 times	1.2%	0.8%	1.7%	0.0%
E	6 or more times	1.6%	0.8%	2.5%	0.0%
Blank		1.6%	0.0%	2.5%	14.3%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
200	96	98	6
22	14	8	0
14	9	5	0
3	1	2	0
4	1	3	0
4	0	3	1
247	121	119	7

11	When you ride a bicycle, how often do you wear a helmet?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	I do not ride a bicycle	8.5%	7.4%	10.1%	0.0%
B	I rarely or never wear a helmet	15.8%	10.7%	21.8%	0.0%
C	Sometimes wear a helmet	13.0%	16.5%	10.1%	0.0%
D	Most of the time wear a helmet	30.4%	26.4%	33.6%	42.9%
E	Always wear a helmet	30.8%	38.0%	24.4%	14.3%
Blank		1.6%	0.8%	0.0%	42.9%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
21	9	12	0
39	13	26	0
32	20	12	0
75	32	40	3
76	46	29	1
4	1	0	3
247	121	119	7

12	When you longboard, rollerblade or ride a skateboard, how often do you wear a helmet?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	I do not rollerblade or ride a skateboard	49.8%	40.5%	60.5%	28.6%
B	I rarely or never wear a helmet	15.8%	12.4%	19.3%	14.3%
C	Sometimes wear a helmet	8.1%	11.6%	5.0%	0.0%
D	Most of the time wear a helmet	7.3%	9.9%	5.0%	0.0%
E	Always wear a helmet	15.8%	24.0%	7.6%	14.3%
Blank		3.2%	1.7%	2.5%	42.9%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
123	49	72	2
39	15	23	1
20	14	6	0
18	12	6	0
39	29	9	1
8	2	3	3
247	121	119	7

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13	During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	0 days	90.3%	90.9%	91.6%	57.1%
B	1 day	4.9%	5.0%	5.0%	0.0%
C	2 or 3 days	1.2%	1.7%	0.8%	0.0%
D	4 or 5 days	0.4%	0.8%	0.0%	0.0%
E	6 or more days	1.2%	1.7%	0.8%	0.0%
Blank		2.0%	0.0%	1.7%	42.9%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
223	110	109	4
12	6	6	0
3	2	1	0
1	1	0	0
3	2	1	0
5	0	2	3
247	121	119	7

14	During the past 30 days, on how many days did you carry a weapon?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	0 days	95.1%	99.2%	94.1%	42.9%
B	1 day	0.4%	0.0%	0.8%	0.0%
C	2 or 3 days	1.6%	0.0%	3.4%	0.0%
D	4 or 5 days	0.8%	0.8%	0.0%	14.3%
E	6 or more days	0.0%	0.0%	0.0%	0.0%
Blank		2.0%	0.0%	1.7%	42.9%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
235	120	112	3
1	0	1	0
4	0	4	0
2	1	0	1
0	0	0	0
5	0	2	3
247	121	119	7

15	During the past 30 days, on how many days did you carry a weapon on school property?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	0 days	97.6%	99.2%	98.3%	57.1%
B	1 day	0.0%	0.0%	0.0%	0.0%
C	2 or 3 days	0.4%	0.0%	0.0%	14.3%
D	4 or 5 days	0.0%	0.0%	0.0%	0.0%
E	6 or more days	0.0%	0.0%	0.0%	0.0%
Blank		2.0%	0.8%	1.7%	28.6%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
241	120	117	4
0	0	0	0
1	0	0	1
0	0	0	0
0	0	0	0
5	1	2	2
247	121	119	7

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16	During the past 12 months, how many times have you been bullied at school? (Being bullied is defined as verbal, physical, written or electronic action, or other behavior that is intentionally cruel or repetitive.)	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	0 times	69.2%	76.9%	63.9%	28.6%
B	1-3 times	19.0%	15.7%	23.5%	0.0%
C	4-6 times	3.6%	3.3%	3.4%	14.3%
D	7-9 times	0.8%	0.0%	1.7%	0.0%
E	10 or more times	4.9%	2.5%	6.7%	14.3%
Blank		2.4%	1.7%	0.8%	42.9%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
171	93	76	2
47	19	28	0
9	4	4	1
2	0	2	0
12	3	8	1
6	2	1	3
247	121	119	7

17	Have you ever been harassed or bullied online (Facebook, email, Twitter, Snapchat, etc.) or with a cell phone (text messaging, photos, etc.)?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	Yes	22.3%	27.3%	16.8%	28.6%
B	No	74.5%	71.1%	79.8%	42.9%
C		0.0%	0.0%	0.0%	0.0%
D		0.0%	0.0%	0.0%	0.0%
E		0.0%	0.0%	0.0%	0.0%
Blank		3.2%	1.7%	3.4%	28.6%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
55	33	20	2
184	86	95	3
0	0	0	0
0	0	0	0
0	0	0	0
8	2	4	2
247	121	119	7

18	During the past 12 months, how many times have you been harassed or bullied online (Facebook, email, Twitter, Snapchat, etc.) or with a cell phone (text messaging, photos, etc.)?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	0 times	83.4%	82.6%	85.7%	57.1%
B	1-3 times	10.1%	11.6%	9.2%	0.0%
C	4-6 times	0.8%	0.8%	0.8%	0.0%
D	7-9 times	0.0%	0.0%	0.0%	0.0%
E	10 or more times	2.8%	4.1%	0.8%	14.3%
Blank		2.8%	0.8%	3.4%	28.6%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
206	100	102	4
25	14	11	0
2	1	1	0
0	0	0	0
7	5	1	1
7	1	4	2
247	121	119	7

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19	During the past 12 months, how many times has someone stolen or deliberately damaged your property such as your phone, clothing, books or money on school property?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	0 times	78.9%	83.5%	76.5%	42.9%
B	1-3 times	15.8%	14.0%	17.6%	14.3%
C	4-6 times	1.6%	1.7%	1.7%	0.0%
D	7-9 times	0.4%	0.8%	0.0%	0.0%
E	10 or more times	0.4%	0.0%	0.8%	0.0%
Blank		2.8%	0.0%	3.4%	42.9%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
195	101	91	3
39	17	21	1
4	2	2	0
1	1	0	0
1	0	1	0
7	0	4	3
247	121	119	7

20	During the past 12 months, how many times were you in a physical fight?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	0 times	79.8%	96.7%	66.4%	14.3%
B	1-3 times	13.4%	2.5%	23.5%	28.6%
C	4-6 times	1.6%	0.0%	3.4%	0.0%
D	7-9 times	0.4%	0.0%	0.8%	0.0%
E	10 or more times	1.6%	0.8%	2.5%	0.0%
Blank		3.2%	0.0%	3.4%	57.1%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
197	117	79	1
33	3	28	2
4	0	4	0
1	0	1	0
4	1	3	0
8	0	4	4
247	121	119	7

21	During the past 12 months, how many times were you in a physical fight on school property?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	0 times	90.3%	98.3%	84.9%	42.9%
B	1-3 times	7.3%	1.7%	11.8%	28.6%
C	4-6 times	0.0%	0.0%	0.0%	0.0%
D	7-9 times	0.4%	0.0%	0.8%	0.0%
E	10 or more times	0.0%	0.0%	0.0%	0.0%
Blank		2.0%	0.0%	2.5%	28.6%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
223	119	101	3
18	2	14	2
0	0	0	0
1	0	1	0
0	0	0	0
5	0	3	2
247	121	119	7

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					Other (2 Prefer not to answer; 5 Blank)
22	<b>Have you ever been verbally or physically hurt by a close friend or someone in your family?</b>	<b>ALL %</b>	<b>Female</b>	<b>Male</b>	
A	Yes	29.1%	36.4%	21.0%	42.9%
B	No	68.0%	62.8%	75.6%	28.6%
C		0.0%	0.0%	0.0%	0.0%
D		0.0%	0.0%	0.0%	0.0%
E		0.0%	0.0%	0.0%	0.0%
Blank		2.8%	0.8%	3.4%	28.6%
Total		100.0%	100.0%	100.0%	100.0%

				Other (2 Prefer not to answer; 5 Blank)
	<b>All (Count)</b>	<b>Female</b>	<b>Male</b>	
	72	44	25	3
	168	76	90	2
	0	0	0	0
	0	0	0	0
	0	0	0	0
	7	1	4	2
	247	121	119	7

					Other (2 Prefer not to answer; 5 Blank)
23	<b>How often do you feel lonely?</b>	<b>ALL %</b>	<b>Female</b>	<b>Male</b>	
A	Never	42.1%	34.7%	49.6%	42.9%
B	Occasionally	42.9%	48.8%	37.8%	28.6%
C	Frequently	11.3%	14.0%	9.2%	0.0%
D	All of the time	1.6%	2.5%	0.8%	0.0%
E		0.0%	0.0%	0.0%	0.0%
Blank		2.0%	0.0%	2.5%	28.6%
Total		100.0%	100.0%	100.0%	100.0%

				Other (2 Prefer not to answer; 5 Blank)
	<b>All (Count)</b>	<b>Female</b>	<b>Male</b>	
	104	42	59	3
	106	59	45	2
	28	17	11	0
	4	3	1	0
	0	0	0	0
	5	0	3	2
	247	121	119	7

					Other (2 Prefer not to answer; 5 Blank)
24	<b>How often do you feel isolated from others?</b>	<b>ALL %</b>	<b>Female</b>	<b>Male</b>	
A	Never	54.3%	51.2%	58.8%	28.6%
B	Occasionally	33.2%	33.9%	31.9%	42.9%
C	Frequently	8.1%	10.7%	5.0%	14.3%
D	All of the time	2.4%	3.3%	1.7%	0.0%
E		0.0%	0.0%	0.0%	0.0%
Blank		2.0%	0.8%	2.5%	14.3%
Total		100.0%	100.0%	100.0%	100.0%

				Other (2 Prefer not to answer; 5 Blank)
	<b>All (Count)</b>	<b>Female</b>	<b>Male</b>	
	134	62	70	2
	82	41	38	3
	20	13	6	1
	6	4	2	0
	0	0	0	0
	5	1	3	1
	247	121	119	7



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					Other (2 Prefer not to answer; 5 Blank)
25	<b>How often do you feel a sense of belonging at school?</b>	<b>ALL %</b>	<b>Female</b>	<b>Male</b>	
A	Never	15.0%	9.9%	20.2%	14.3%
B	Occasionally	18.6%	21.5%	15.1%	28.6%
C	Frequently	31.2%	31.4%	31.9%	14.3%
D	All of the time	30.0%	32.2%	28.6%	14.3%
E		0.8%	0.0%	1.7%	0.0%
Blank		4.5%	5.0%	2.5%	28.6%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
37	12	24	1
46	26	18	2
77	38	38	1
74	39	34	1
2	0	2	0
11	6	3	2
247	121	119	7

					Other (2 Prefer not to answer; 5 Blank)
26	<b>What was the hardest part of covid for you?</b>	<b>ALL %</b>	<b>Female</b>	<b>Male</b>	
A	Less time with friends	53.8%	58.7%	48.7%	57.1%
B	Inability to participate in after school activities	4.5%	3.3%	5.9%	0.0%
C	Remote school	17.4%	14.9%	20.2%	14.3%
D	Less one-on-one time with teachers	3.6%	5.0%	1.7%	14.3%
E	Other	17.0%	15.7%	19.3%	0.0%
Blank		3.6%	2.5%	4.2%	14.3%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
133	71	58	4
11	4	7	0
43	18	24	1
9	6	2	1
42	19	23	0
9	3	5	1
247	121	119	7

					Other (2 Prefer not to answer; 5 Blank)
27	<b>How much do you worry (or feel like you can't control how much you worry) about minor things such as homework, talking to a teacher or adjusting to change?</b>	<b>ALL %</b>	<b>Female</b>	<b>Male</b>	
A	Never	16.2%	8.3%	24.4%	14.3%
B	Sometimes	36.4%	34.7%	38.7%	28.6%
C	Often	30.0%	38.8%	22.7%	0.0%
D	Always	13.8%	16.5%	10.1%	28.6%
E		0.0%	0.0%	0.0%	0.0%
Blank		3.6%	1.7%	4.2%	28.6%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
40	10	29	1
90	42	46	2
74	47	27	0
34	20	12	2
0	0	0	0
9	2	5	2
247	121	119	7

Hingham Middle School YRBS 2023  
 Note: "All" and "Other" data includes a blank row of data

28	How often do you avoid going places or doing things you normally like to do because you feel anxious?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	Never	50.6%	40.5%	62.2%	28.6%
B	Sometimes	39.7%	47.9%	31.1%	42.9%
C	Often	7.7%	9.9%	5.9%	0.0%
D	Always	1.2%	0.8%	0.8%	14.3%
E		0.0%	0.0%	0.0%	0.0%
Blank		0.8%	0.8%	0.0%	14.3%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
125	49	74	2
98	58	37	3
19	12	7	0
3	1	1	1
0	0	0	0
2	1	0	1
247	121	119	7

29	During the past 12 months, how many times did you hurt or injure yourself on purpose without wanting to die? (For example, by cutting, burning, or bruising yourself on purpose).	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	0 times	85.0%	81.8%	89.9%	57.1%
B	1 or 2 times	6.9%	9.1%	5.0%	0.0%
C	3 to 5 times	2.8%	4.1%	1.7%	0.0%
D	6 to 9 times	0.0%	0.0%	0.0%	0.0%
E	10 or more times	2.4%	3.3%	0.8%	14.3%
Blank		2.8%	1.7%	2.5%	28.6%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
210	99	107	4
17	11	6	0
7	5	2	0
0	0	0	0
6	4	1	1
7	2	3	2
247	121	119	7

30	During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	Yes	11.7%	15.7%	7.6%	14.3%
B	No	86.2%	84.3%	90.8%	42.9%
C		0.0%	0.0%	0.0%	0.0%
D		0.0%	0.0%	0.0%	0.0%
E		0.0%	0.0%	0.0%	0.0%
Blank		2.0%	0.0%	1.7%	42.9%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	not to answer; 5 Blank)
29	19	9	1
213	102	108	3
0	0	0	0
0	0	0	0
0	0	0	0
5	0	2	3
247	121	119	7

Hingham Middle School YRBS 2023  
 Note: "All" and "Other" data includes a blank row of data

31	Do you ever pretend to be some else when you are online?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	Yes	8.1%	7.4%	7.6%	28.6%
B	No	88.7%	91.7%	88.2%	42.9%
C		0.0%	0.0%	0.0%	0.0%
D		0.0%	0.0%	0.0%	0.0%
E		0.0%	0.0%	0.0%	0.0%
Blank		3.2%	0.8%	4.2%	28.6%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
20	9	9	2
219	111	105	3
0	0	0	0
0	0	0	0
0	0	0	0
8	1	5	2
247	121	119	7

32	Have you ever received a text of a sexual nature (pictures or words)?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	Yes	23.5%	17.4%	30.3%	14.3%
B	No	74.1%	81.0%	68.1%	57.1%
C		0.0%	0.0%	0.0%	0.0%
D		0.0%	0.0%	0.0%	0.0%
E		0.0%	0.0%	0.0%	0.0%
Blank		2.4%	1.7%	1.7%	28.6%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
58	21	36	1
183	98	81	4
0	0	0	0
0	0	0	0
0	0	0	0
6	2	2	2
247	121	119	7

33	Have you ever sent a text of a sexual nature (pictures or words) to someone else?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	Yes	2.8%	2.5%	3.4%	0.0%
B	No	94.7%	95.9%	95.0%	71.4%
C		0.0%	0.0%	0.0%	0.0%
D		0.0%	0.0%	0.0%	0.0%
E		0.0%	0.0%	0.0%	0.0%
Blank		2.4%	1.7%	1.7%	28.6%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
7	3	4	0
234	116	113	5
0	0	0	0
0	0	0	0
0	0	0	0
6	2	2	2
247	121	119	7

Hingham Middle School YRBS 2023  
 Note: "All" and "Other" data includes a blank row of data

	Have your parents given you permission to use social media (such as having a Facebook page, Twitter or Snapchat account, or Instagram, etc. )?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
34					
A	Yes	76.5%	76.0%	77.3%	71.4%
B	No	19.4%	18.2%	21.8%	0.0%
C	I have an account but my parents don't know I do.	2.4%	4.1%	0.8%	0.0%
D		0.0%	0.0%	0.0%	0.0%
E		0.0%	0.0%	0.0%	0.0%
Blank		1.6%	1.7%	0.0%	28.6%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
189	92	92	5
48	22	26	0
6	5	1	0
0	0	0	0
0	0	0	0
4	2	0	2
247	121	119	7

	Are your parents supervising your social media account (such as your a Facebook page, Twitter or Snapchat account, or Instagram, etc.?)	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
35					
A	I do not have a social media account (such as a Facebook , Twitter, Instagram or Snapchat account)	23.1%	19.8%	27.7%	0.0%
B	Yes	31.2%	38.8%	22.7%	42.9%
C	No	40.9%	35.5%	46.2%	42.9%
D	I have an account but my parents don't know I do (so they aren't supervising it).	2.8%	4.1%	1.7%	0.0%
E		0.0%	0.0%	0.0%	0.0%
Blank		2.0%	1.7%	1.7%	14.3%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
57	24	33	0
77	47	27	3
101	43	55	3
7	5	2	0
0	0	0	0
5	2	2	1
247	121	119	7

	Have you ever tried cigarette smoking, even one or two puffs?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
36					
A	Yes	2.0%	2.5%	1.7%	0.0%
B	No	95.1%	95.9%	95.0%	85.7%
C		0.4%	0.8%	0.0%	0.0%
D		0.0%	0.0%	0.0%	0.0%
E		0.0%	0.0%	0.0%	0.0%
Blank		2.4%	0.8%	3.4%	14.3%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
5	3	2	0
235	116	113	6
1	1	0	0
0	0	0	0
0	0	0	0
6	1	4	1
247	121	119	7

Hingham Middle School YRBS 2023  
 Note: "All" and "Other" data includes a blank row of data

37	How old were you when you smoked a whole cigarette for the first time?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	I have never smoked a whole cigarette	96.0%	97.5%	95.8%	71.4%
B	8 years old or younger	1.2%	0.8%	0.8%	14.3%
C	9 or 10 years old	0.4%	0.8%	0.0%	0.0%
D	11 or 12 years old	0.4%	0.8%	0.0%	0.0%
E	13 or 14 years old	0.0%	0.0%	0.0%	0.0%
Blank		2.0%	0.0%	3.4%	14.3%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
237	118	114	5
3	1	1	1
1	1	0	0
1	1	0	0
0	0	0	0
5	0	4	1
247	121	119	7

38	During the past 30 days, on how many days did you smoke cigarettes?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	0 days	97.2%	98.3%	97.5%	71.4%
B	1 or 2 days	0.8%	0.8%	0.0%	14.3%
C	3 to 5 days	0.0%	0.0%	0.0%	0.0%
D	6 to 9 days	0.0%	0.0%	0.0%	0.0%
E	10 or more days	0.0%	0.0%	0.0%	0.0%
Blank		2.0%	0.8%	2.5%	14.3%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
240	119	116	5
2	1	0	1
0	0	0	0
0	0	0	0
0	0	0	0
5	1	3	1
247	121	119	7

39	During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	I did not smoke cigarettes in last 30 days	98.8%	100.0%	98.3%	85.7%
B	1 or 2 days	0.0%	0.0%	0.0%	0.0%
C	3 to 5 days	0.0%	0.0%	0.0%	0.0%
D	6 to 9 days	0.0%	0.0%	0.0%	0.0%
E	10 or more days	0.0%	0.0%	0.0%	0.0%
Blank		1.2%	0.0%	1.7%	14.3%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
244	121	117	6
0	0	0	0
0	0	0	0
0	0	0	0
0	0	0	0
3	0	2	1
247	121	119	7

Hingham Middle School YRBS 2023  
 Note: "All" and "Other" data includes a blank row of data

40	During the past 30 days, on how many days did you use chewing tobacco or dip?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	0 days	98.4%	100.0%	98.3%	71.4%
B	1 or 2 days	0.0%	0.0%	0.0%	0.0%
C	3 to 5 days	0.0%	0.0%	0.0%	0.0%
D	6 to 9 days	0.0%	0.0%	0.0%	0.0%
E	10 or more days	0.0%	0.0%	0.0%	0.0%
Blank		1.6%	0.0%	1.7%	28.6%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
243	121	117	5
0	0	0	0
0	0	0	0
0	0	0	0
0	0	0	0
4	0	2	2
247	121	119	7

41	Have you ever used an e-cigarette or "vaped"?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	Yes	8.1%	10.7%	4.2%	28.6%
B	No	90.7%	88.4%	95.0%	57.1%
C		0.0%	0.0%	0.0%	0.0%
D		0.0%	0.0%	0.0%	0.0%
E		0.0%	0.0%	0.0%	0.0%
Blank		1.2%	0.8%	0.8%	14.3%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
20	13	5	2
224	107	113	4
0	0	0	0
0	0	0	0
0	0	0	0
3	1	1	1
247	121	119	7

42	During the past 30 days, on how many days did you use an e-cigarette or "vape"?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	0 days	97.2%	95.9%	95.8%	71.4%
B	1 or 2 days	1.6%	0.8%	0.8%	0.0%
C	3 to 5 days	0.0%	0.0%	0.0%	0.0%
D	6 to 9 days	0.0%	0.0%	0.0%	0.0%
E	10 or more days	0.0%	3.3%	1.7%	0.0%
Blank		1.2%	0.0%	1.7%	28.6%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
240	116	114	5
4	1	1	0
0	0	0	0
0	0	0	0
0	4	2	0
3	0	2	2
247	121	119	7

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 Note: "All" and "Other" data includes a blank row of data

43	During the past 30 days how did you usually get your own e-cigarettes or vapor products (select only one)?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	I did not use an e-cigarette or vapor product in past 30 days.	95.5%	95.9%	95.8%	85.7%
B	I bought them in a store, supermarket, gas station or vape store.	0.8%	0.8%	0.8%	0.0%
C	I gave someone else money to buy them for me	0.0%	0.0%	0.0%	0.0%
D	I got them on the internet	0.0%	0.0%	0.0%	0.0%
E	I got them some other way	2.4%	3.3%	1.7%	0.0%
Blank		1.2%	0.0%	1.7%	14.3%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
236	116	114	6
2	1	1	0
0	0	0	0
0	0	0	0
6	4	2	0
3	0	2	1
247	121	119	7

44	During your life, on how many days have you had at least one drink of alcohol? (For this question, drinking alcohol does not include drinking a few sips of wine for religious purposes.)	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	0 days	80.6%	81.8%	80.7%	57.1%
B	1 or 2 days	10.5%	11.6%	9.2%	14.3%
C	3 to 9 days	5.3%	5.8%	5.0%	0.0%
D	10 to 19 days	0.0%	0.0%	0.0%	0.0%
E	20 or more days	0.8%	0.0%	1.7%	0.0%
Blank		2.8%	0.8%	3.4%	28.6%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
199	99	96	4
26	14	11	1
13	7	6	0
0	0	0	0
2	0	2	0
7	1	4	2
247	121	119	7

45	In your lifetime have you ever used marijuana?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	Yes	2.4%	3.3%	1.7%	0.0%
B	No	95.5%	95.9%	95.8%	85.7%
C		0.0%	0.0%	0.0%	0.0%
D		0.0%	0.0%	0.0%	0.0%
E		0.0%	0.0%	0.0%	0.0%
Blank		2.0%	0.8%	2.5%	14.3%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
6	4	2	0
236	116	114	6
0	0	0	0
0	0	0	0
0	0	0	0
5	1	3	1
247	121	119	7

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 Note: "All" and "Other" data includes a blank row of data

46	During your life, how many times have you use marijuana?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	0 times	92.7%	94.2%	93.3%	57.1%
B	1 or 2 times	4.0%	5.0%	2.5%	14.3%
C	3 to 9 times	0.4%	0.0%	0.8%	0.0%
D	10 to 19 times	0.0%	0.0%	0.0%	0.0%
E	20 or more times	0.0%	0.0%	0.0%	0.0%
Blank		2.8%	0.8%	3.4%	28.6%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
229	114	111	4
10	6	3	1
1	0	1	0
0	0	0	0
0	0	0	0
7	1	4	2
247	121	119	7

47	Have you ever been prescribed a painkiller (such as Oxycontin, Percocet, Vicodin or Codeine) by your doctor to treat a medical issue?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	Yes	15.0%	17.4%	12.6%	14.3%
B	No	83.0%	81.0%	86.6%	57.1%
C		0.0%	0.0%	0.0%	0.0%
D		0.0%	0.0%	0.0%	0.0%
E		0.0%	0.0%	0.0%	0.0%
Blank		2.0%	1.7%	0.8%	28.6%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
37	21	15	1
205	98	103	4
0	0	0	0
0	0	0	0
0	0	0	0
5	2	1	2
247	121	119	7

48	During your life, have you ever taken a prescription medication to help you focus (such as Adderall, Ritalin, Concerta, etc) or to treat anxiety (such as Ativan or Xanax) that was prescribed for you by a doctor??	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	Yes	19.0%	19.0%	19.3%	14.3%
B	No	78.9%	81.0%	78.2%	57.1%
C		0.0%	0.0%	0.0%	0.0%
D		0.0%	0.0%	0.0%	0.0%
E		0.0%	0.0%	0.0%	0.0%
Blank		2.0%	0.0%	2.5%	28.6%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
47	23	23	1
195	98	93	4
0	0	0	0
0	0	0	0
0	0	0	0
5	0	3	2
247	121	119	7



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 Note: "All" and "Other" data includes a blank row of data

49	How did you usually get the prescription drugs that you've taken without a doctor's prescription?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	I have never taken a prescription drug without a doctor's prescription	91.9%	91.7%	94.1%	57.1%
B	I took it from a family member	5.3%	8.3%	2.5%	0.0%
C	I took it from someone other than a family member	0.0%	0.0%	0.0%	0.0%
D	I bought it from someone	0.0%	0.0%	0.0%	0.0%
E	Someone gave it to me	0.4%	0.0%	0.0%	14.3%
Blank		2.4%	0.0%	3.4%	28.6%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
227	111	112	4
13	10	3	0
0	0	0	0
0	0	0	0
1	0	0	1
6	0	4	2
247	121	119	7

50	Have you ever taken someone else's prescription medicine?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	Yes	4.9%	5.8%	4.2%	0.0%
B	No	93.5%	93.4%	94.1%	85.7%
C		0.0%	0.0%	0.0%	0.0%
D		0.0%	0.0%	0.0%	0.0%
E		0.0%	0.0%	0.0%	0.0%
Blank		1.6%	0.8%	1.7%	14.3%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
12	7	5	0
231	113	112	6
0	0	0	0
0	0	0	0
0	0	0	0
4	1	2	1
247	121	119	7

51	Have you ever sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	0 times	90.7%	91.7%	92.4%	42.9%
B	1 or 2 times	6.1%	6.6%	4.2%	28.6%
C	3 to 9 times	0.4%	0.8%	0.0%	0.0%
D	10 to 19 times	0.8%	0.8%	0.8%	0.0%
E	20 or more times	0.0%	0.0%	0.0%	0.0%
Blank		2.0%	0.0%	2.5%	28.6%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
224	111	110	3
15	8	5	2
1	1	0	0
2	1	1	0
0	0	0	0
5	0	3	2
247	121	119	7

Hingham Middle School YRBS 2023  
 Note: "All" and "Other" data includes a blank row of data

					Other (2 Prefer not to answer; 5 Blank)
52	<b>What part of DARE class did you find most valuable?</b>	<b>ALL %</b>	<b>Female</b>	<b>Male</b>	
A	I did not take DARE	3.2%	0.8%	5.9%	0.0%
B	Learning about how drugs and alcohol impact my health.	44.9%	44.6%	45.4%	42.9%
C	How to avoid dangerous situations.	32.4%	42.1%	23.5%	14.3%
D	Getting to know a member of the Hingham Police Department	5.7%	2.5%	9.2%	0.0%
E	Learning that all decisions have consequences.	10.9%	8.3%	14.3%	0.0%
Blank		2.8%	1.7%	1.7%	42.9%
Total		100.0%	100.0%	100.0%	100.0%

				Other (2 Prefer not to answer; 5 Blank)
<b>All (Count)</b>	<b>Female</b>	<b>Male</b>		
8	1	7		0
111	54	54		3
80	51	28		1
14	3	11		0
27	10	17		0
7	2	2		3
247	121	119		7

					Other (2 Prefer not to answer; 5 Blank)
53	<b>During the past 12 months, about how often have you had a conversation with your parents or other adults in your family about sexual health or ways to prevent sexually transmitted diseases (STDs) or pregnancy?</b>	<b>ALL %</b>	<b>Female</b>	<b>Male</b>	
A	Not at all in the past 12 months	60.3%	61.2%	60.5%	42.9%
B	About once in the past 12 months	26.7%	29.8%	23.5%	28.6%
C	About once every few months	6.9%	6.6%	7.6%	0.0%
D	About once a month	2.0%	0.8%	3.4%	0.0%
E	More than once a month	0.8%	0.8%	0.8%	0.0%
Blank		3.2%	0.8%	4.2%	28.6%
Total		100.0%	100.0%	100.0%	100.0%

				Other (2 Prefer not to answer; 5 Blank)
<b>All (Count)</b>	<b>Female</b>	<b>Male</b>		
149	74	72		3
66	36	28		2
17	8	9		0
5	1	4		0
2	1	1		0
8	1	5		2
247	121	119		7

					Other (2 Prefer not to answer; 5 Blank)
54	<b>Very underweight</b>	<b>ALL %</b>	<b>Female</b>	<b>Male</b>	
A	Slightly underweight	2.4%	1.7%	2.5%	14.3%
B	About the right weight	17.4%	11.6%	24.4%	0.0%
C	Slightly overweight	60.3%	73.6%	47.9%	42.9%
D	Very overweight	15.0%	9.1%	21.0%	14.3%
E		2.0%	2.5%	1.7%	0.0%
Blank		2.8%	1.7%	2.5%	28.6%
Total		100.0%	100.0%	100.0%	100.0%

				Other (2 Prefer not to answer; 5 Blank)
<b>All (Count)</b>	<b>Female</b>	<b>Male</b>		
6	2	3		1
43	14	29		0
149	89	57		3
37	11	25		1
5	3	2		0
7	2	3		2
247	121	119		7

Hingham Middle School YRBS 2023  
 Note: "All" and "Other" data includes a blank row of data

55	Which of the following are you trying to do about your weight?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	I am not trying to do anything about my weight	36.0%	43.0%	28.6%	42.9%
B	Lose weight	33.2%	36.4%	31.1%	14.3%
C	Gain weight	13.0%	5.0%	21.0%	14.3%
D	Stay the same weight	12.6%	14.0%	11.8%	0.0%
E		0.0%	0.0%	0.0%	0.0%
Blank		5.3%	1.7%	7.6%	28.6%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
89	52	34	3
82	44	37	1
32	6	25	1
31	17	14	0
0	0	0	0
13	2	9	2
247	121	119	7

56	In an average week, how many drinks of soda do you consume? (A drink can be defined as a can, glass or individual bottle).	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	0 times per week	32.4%	40.5%	26.1%	0.0%
B	1 per week on average	42.9%	38.0%	46.2%	71.4%
C	2-4 per week on average	19.0%	17.4%	21.0%	14.3%
D	5 or more per week on average	1.6%	1.7%	1.7%	0.0%
E		0.0%	0.0%	0.0%	0.0%
Blank		4.0%	2.5%	5.0%	14.3%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
80	49	31	0
106	46	55	5
47	21	25	1
4	2	2	0
0	0	0	0
10	3	6	1
247	121	119	7

57	In an average week, how many energy drinks (such as Monster, Rockstar, Amp and Red Bull) do you consume? (A drink can be defined as a can, glass or individual bottle).	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	0 times per week	83.8%	83.5%	84.0%	85.7%
B	1 per week on average	10.1%	9.9%	10.9%	0.0%
C	2-4 per week on average	3.2%	3.3%	3.4%	0.0%
D	5 or more per week on average	0.8%	1.7%	0.0%	0.0%
E		0.0%	0.0%	0.0%	0.0%
Blank		2.0%	1.7%	1.7%	14.3%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
207	101	100	6
25	12	13	0
8	4	4	0
2	2	0	0
0	0	0	0
5	2	2	1
247	121	119	7

Hingham Middle School YRBS 2023  
 Note: "All" and "Other" data includes a blank row of data

58	On how many of the past 7 days did you eat breakfast?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	0 days	11.7%	14.0%	10.1%	0.0%
B	1 day	8.5%	8.3%	9.2%	0.0%
C	2 - 3 days	13.0%	14.0%	12.6%	0.0%
D	4 - 5 days	11.3%	12.4%	10.9%	0.0%
E	6 - 7 days	51.0%	46.3%	54.6%	71.4%
Blank		4.5%	5.0%	2.5%	28.6%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
29	17	12	0
21	10	11	0
32	17	15	0
28	15	13	0
126	56	65	5
11	6	3	2
247	121	119	7

59	Overall, how do you feel your eating habits are?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	I always eat healthy foods	24.7%	28.9%	21.0%	14.3%
B	I sometimes eat healthy foods	61.1%	58.7%	64.7%	42.9%
C	I never eat healthy foods	0.8%	1.7%	0.0%	0.0%
D	I don't know	9.3%	9.1%	9.2%	14.3%
E		0.8%	0.8%	0.8%	0.0%
Blank		3.2%	0.8%	4.2%	28.6%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
61	35	25	1
151	71	77	3
2	2	0	0
23	11	11	1
2	1	1	0
8	1	5	2
247	121	119	7

60	On how many of the past 7 days did you exercise or participate in physical activity for at least 30 minutes that made you sweat and breathe hard, such as basketball, soccer, running, swimming laps, fast bicycling, fast dancing or similar aerobic activities?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	0 days	2.0%	3.3%	0.8%	0.0%
B	1 - 2 days	13.8%	14.9%	12.6%	14.3%
C	3 - 4 days	28.7%	29.8%	29.4%	0.0%
D	5 - 6 days	27.9%	30.6%	26.9%	0.0%
E	7 days	24.7%	20.7%	27.7%	42.9%
Blank		2.8%	0.8%	2.5%	42.9%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
5	4	1	0
34	18	15	1
71	36	35	0
69	37	32	0
61	25	33	3
7	1	3	3
247	121	119	7

Hingham Middle School YRBS 2023  
 Note: "All" and "Other" data includes a blank row of data

61	During the past 12 months, on how many sports teams did you play? (Include any teams run by your school or community groups).	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	0 teams	7.7%	10.7%	4.2%	14.3%
B	1 team	14.2%	14.9%	14.3%	0.0%
C	2 teams	21.1%	26.4%	16.8%	0.0%
D	3 or more teams	50.2%	46.3%	55.5%	28.6%
E		1.2%	0.0%	1.7%	14.3%
Blank		5.7%	1.7%	7.6%	42.9%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
19	13	5	1
35	18	17	0
52	32	20	0
124	56	66	2
3	0	2	1
14	2	9	3
247	121	119	7

62	It is recommended that you exercise an average of 1 hour per day. In an average week, how many hours of exercise do you get?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	Less than 1 hour	6.1%	7.4%	4.2%	14.3%
B	1 – 5 hours	33.6%	38.0%	30.3%	14.3%
C	5 – 10 hours	38.9%	43.0%	36.1%	14.3%
D	> 10 hours	16.6%	9.9%	23.5%	14.3%
E		0.0%	0.0%	0.0%	0.0%
Blank		4.9%	1.7%	5.9%	42.9%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
15	9	5	1
83	46	36	1
96	52	43	1
41	12	28	1
0	0	0	0
12	2	7	3
247	121	119	7

63	On an average school day, how many hours do you watch TV shows - including streaming movies and videos, Netflix, Hulu, etc.?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	I do not watch TV on an average school day	12.1%	13.2%	11.8%	0.0%
B	Less than 1 hour per day	34.0%	32.2%	37.0%	14.3%
C	1 - 2 hours per day	33.6%	37.2%	29.4%	42.9%
D	2 - 3 hours per day	10.5%	9.9%	11.8%	0.0%
E	More than 3 hours per day	2.4%	2.5%	2.5%	0.0%
Blank		7.3%	5.0%	7.6%	42.9%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
30	16	14	0
84	39	44	1
83	45	35	3
26	12	14	0
6	3	3	0
18	6	9	3
247	121	119	7

Hingham Middle School YRBS 2023  
 Note: "All" and "Other" data includes a blank row of data

64	On an average school day, how many hours do you play video games (Xbox, Playstation, Wii)?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	I do not play video games on an average school day	44.5%	75.2%	16.0%	0.0%
B	Less than 1 hour per day	21.1%	14.9%	26.1%	42.9%
C	1 - 2 hours per day	17.0%	2.5%	32.8%	0.0%
D	2 - 3 hours per day	8.1%	1.7%	15.1%	0.0%
E	More than 3 hours per day	3.2%	1.7%	4.2%	14.3%
Blank		6.1%	4.1%	5.9%	42.9%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
110	91	19	0
52	18	31	3
42	3	39	0
20	2	18	0
8	2	5	1
15	5	7	3
247	121	119	7

65	Excluding time spent doing homework, how much of your free time, on an average day, do you spend on your computer, tablet or phone? (This includes texting, playing games or using apps such as Snapchat, Twitter, Instagram, Facebook, etc.)	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	Less than 1 hour per day	13.0%	13.2%	11.8%	28.6%
B	1 - 3 hours per day	50.2%	51.2%	51.3%	14.3%
C	3 - 5 hours per day	24.7%	26.4%	24.4%	0.0%
D	More than 5 hours per day	3.6%	4.1%	2.5%	14.3%
E		0.4%	0.8%	0.0%	0.0%
Blank		8.1%	4.1%	10.1%	42.9%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
32	16	14	2
124	62	61	1
61	32	29	0
9	5	3	1
1	1	0	0
20	5	12	3
247	121	119	7

66	To what degree do you think the amount of time you regularly spend using your phone/internet or watching TV affects your productivity?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	It does not affect my productivity at all	26.3%	19.0%	32.8%	42.9%
B	It affects my productivity sometimes	60.3%	67.8%	55.5%	14.3%
C	It affects my productivity all the time	6.1%	9.1%	2.5%	14.3%
D		0.0%	0.0%	0.0%	0.0%
E		0.0%	0.0%	0.0%	0.0%
Blank		7.3%	4.1%	9.2%	28.6%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
65	23	39	3
149	82	66	1
15	11	3	1
0	0	0	0
0	0	0	0
18	5	11	2
247	121	119	7

Hingham Middle School YRBS 2023  
 Note: "All" and "Other" data includes a blank row of data

67	In an average month, how many hours do you spend on volunteer work, community service, or helping people outside your home without getting paid? (Do not include community service work that you are required to do as a punishment.)	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	0 hours	55.9%	52.1%	60.5%	42.9%
B	1 to 4 hours	32.4%	38.0%	27.7%	14.3%
C	5 to 9 hours	1.2%	2.5%	0.0%	0.0%
D	10 or more hours	2.4%	3.3%	1.7%	0.0%
E		0.0%	0.0%	0.0%	0.0%
Blank		8.1%	4.1%	10.1%	42.9%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
138	63	72	3
80	46	33	1
3	3	0	0
6	4	2	0
0	0	0	0
20	5	12	3
247	121	119	7

68	On how many of the past 7 days did you take part in organized after school, evening, or weekend activities (such as school clubs, community center groups, music/art/dance lessons, drama, church or other supervised activities)?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	0 or 1 day	49.8%	45.5%	55.5%	28.6%
B	2 or 3 days	24.7%	29.8%	19.3%	28.6%
C	4 or 5 days	10.9%	11.6%	10.9%	0.0%
D	6 or 7 days	4.0%	6.6%	1.7%	0.0%
E		0.0%	0.0%	0.0%	0.0%
Blank		10.5%	6.6%	12.6%	42.9%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
123	55	66	2
61	36	23	2
27	14	13	0
10	8	2	0
0	0	0	0
26	8	15	3
247	121	119	7

69	On average, how many hours of sleep do you get on a typical school night?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	5 or less	6.5%	7.4%	5.0%	14.3%
B	6	10.5%	14.9%	5.9%	14.3%
C	7	27.1%	28.1%	27.7%	0.0%
D	8	31.6%	29.8%	34.5%	14.3%
E	9 or more	11.7%	9.9%	12.6%	28.6%
Blank		12.6%	9.9%	14.3%	28.6%
Total		100.0%	100.0%	100.0%	100.0%

All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
16	9	6	1
26	18	7	1
67	34	33	0
78	36	41	1
29	12	15	2
31	12	17	2
247	121	119	7

Hingham Middle School YRBS 2023  
 Note: "All" and "Other" data includes a blank row of data

70	Which of the following contributes MOST to your stress level at school?	ALL %	Female	Male	Other (2 Prefer not to answer; 5 Blank)	All (Count)	Female	Male	Other (2 Prefer not to answer; 5 Blank)
A	I'm not stressed out about school	10.1%	5.0%	15.1%	14.3%	25	6	18	1
B	Not knowing how to prepare for tests/what will be on the test	11.3%	12.4%	10.1%	14.3%	28	15	12	1
C	Writing papers or taking tests	19.0%	19.8%	18.5%	14.3%	47	24	22	1
D	Speaking up/participating in class	4.0%	6.6%	1.7%	0.0%	10	8	2	0
E	Having too much homework each night	37.2%	38.0%	37.8%	14.3%	92	46	45	1
Blank		18.2%	18.2%	16.8%	42.9%	45	22	20	3
Total		100.0%	100.0%	100.0%	100.0%	247	121	119	7